



Complexity level: Hard **Calories level:** Middle-calories level **Price estimation:** 5 - 10 \$

Ingredients

```
1⁄2
onion
2
eggs (hard boiled)
4 T
olive oil
3 oz
serrano ham (pieces)
1⁄4 t
salt
1⁄4 c
olive oil
3 oz
flour (all-purpose)
1⁄2 q
milk (1/2 liter)
1 t
salt
2
eggs (medium)
5 oz
breadcrumbs (dried)
1 c
vegetable oil
```

Instructions

THE SPANISH CUISINE

Spanish Ham Croquettes Recipe

Published on The Spanish Cuisine (https://thespanishcuisine.com)

- 1. Hard boil eggs to your liking and then peel and chop.
- 2. Peel and chop finely half an onion.
- 3. Chop finely the Serrano ham pieces or slices. (You can find it here -> <u>LaTienda.com for</u> <u>Gourmet Spanish & New World Foods</u> [1])
- 4. Heat 4 tablespoons of olive oil in a pot. When warm add chopped onion, Serrano ham, hardboiled eggs and 1/4 teaspoon of salt and cook over low heat for 10 - 12 minutes.
- 5. Add 1/4 cup of olive oil to the pot with the onion.
- 6. Once warm add the all-purpose flour and cook over low heat for 3 5 minutes whisking constantly with a balloon whisk until the mixture is smooth and turns a light golden color.
- 7. Slowly (1/4 a cup for each time) add the room temperature milk to the pot with the mixture and cook over medium heat whisking constantly. Season with 1 teaspoon of salt.
- 8. Bring it to a boil and cook over medium heat for 4- 5 minutes stirring continuously (taste and add more salt if needed). If the béchamel sauce is gritty use the blender to make it smooth.
- 9. Set the béchamel aside and let it cool for around 3 hours or until firm.
- 10. Whisk eggs in a bowl and put breadcrumbs in a plate.
- 11. Shape tablespoonsful of mixture and roll in breadcrumbs.
- 12. Dip in egg and roll in breadcrumbs again.
- 13. Heat 1 cup of vegetable oil in a skillet. When hot add croquettes in batches and fry until golden (1 -2 minutes each side).
- 14. Transfer croquettes to a plate.
- 15. Serve warm and enjoy your Spanish ham croquettes recipe! See more Tapas recipes [2]!

Source URL: https://thespanishcuisine.com/recipes/Spanish-ham-croquettes

Links

- [1] http://www.dpbolvw.net/click-7391131-11463100
- [2] https://thespanishcuisine.com/recipes/Spanish-Tapas